

*Case Report***Spectrum of Intracranial Abscess: Options and Outcome**

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**ABSTRACT**

**Objectives:** To study the clinical profile and predisposing factors of the patients with intracranial abscess and to study the current surgical options and outcome

**Methodology:** A case series study of ten patients with intracranial abscess was studied. Among the selected patients the socio-demographic profile, clinical profile and the surgical interventions undertaken and the outcome were noted. Appropriate descriptive statistics were used to analyse the findings and to draw the inferences.

**Results:** There were 6 males and 4 females. The mean age of presentation was  $19.5 \pm 9.1$  years (range being from 6 years to 32 years). The duration of illness at the time of admission was  $32.7 \pm 13.5$  days (range 15 days to 60 days). Typically patients presented with fever, vomiting, headache and seizures. The predisposing conditions found were CSOM 7 (70%) and paranasal sinusitis (30%). Computerized tomography confirmed the diagnosis and the most of the intracranial abscess were supratentorial 8(80%), solitary 9(90%) and intracerebral 6(60%) and the common location of the abscess was the temporal lobe of the cerebral hemisphere. All abscesses were large, more than 2 cm in diameter and were aspirated surgically. Secondary excision was performed in 5 patients and primary excision was done in 3 patients and 1 patient was treated conservatively. Complications were seen in 2 patients.

**Conclusion:** Brain abscess is a serious infection which must be diagnosed early and treated aggressively. Management of intracranial abscess should be individualized depending upon the various important factors like age of the patient, the level of consciousness at the time of admission, multiplicity of abscesses, the nature of the infection and plane and level of the abscess.

**Key words:** Brain abscess, Aspiration, Excision, Outcome

## INTRODUCTION

Brain abscess is a focal infection, which begins when organisms are inoculated into the brain parenchyma, usually from a site distant from the central nervous system (CNS). Abscess formation occurs through several stages. Inflammation during the "early cerebritis" stage evolves into a necrotic collection of pus, eventually surrounded by a well-vascularized capsule after 2 weeks. <sup>[1,2]</sup>

Although rare in developed countries, brain abscess is a serious, life-threatening emergency. Once having a dire outcome, morbidity and mortality have decreased because of advances in diagnostic modalities, antibiotic regimens, and earlier surgical interventions. <sup>[3,4]</sup> However, changes in epidemiology, including new disease pathogens and predisposing factors, have renewed concern about the diagnosis and treatment of this condition.

The incidence of brain abscess varies from 8-10% of all intracranial space occupying lesions in the developing countries reported by Osenbach, Loftus <sup>[5]</sup> and Sharma. <sup>[6]</sup> Intracranial abscess is still a significant health-care problem in developing countries. <sup>[7,8,9]</sup> Though potentially curable, brain abscess remains a diagnostic and therapeutic challenge. <sup>[6]</sup> The post CT scan era there are major advances in the diagnosis and management of brain abscesses, with a corresponding improvement in the survival rate in developed countries. <sup>[10]</sup> With the advancement in technology and development of stereotactic endoscopic technique in the treatment of brain abscess the mortality and morbidity are very low. <sup>[11,12]</sup> But these facilities are far from the reach in poor and developing countries and

the mortality and morbidity is still high in under developed countries. Most of the reports from India are from later half of the 20th century. <sup>[9,13,14,15]</sup> These reports mainly deal with the bacteriology of brain abscesses. In some, the demography also has been discussed. The aim of this study was to analyse the current epidemiological picture of brain abscesses. The data were then compared with the available literature.

## METHODOLOGY

A case series study of ten patients with intracranial abscess was studied. This study was done in the hospital setting in patients with intracranial abscess coming to neurosurgery department at Vijayanagara Institute of Medical Sciences, Bellary, from January 2010 to December 2010. Ethical approval for the study was obtained from the Vijayanagara Institute of Medical College Ethical Review Committee (ERC). Departmental clearances were obtained and informed consent of the patient's immediate relatives was obtained. Among the selected patients the socio-demographic profile, clinical profile and the surgical interventions undertaken and the outcome were noted. CT scan confirmed diagnosed cases of intracranial abscess irrespective of their age and sex were included in the study and those cases who had a fungal, amoebic or tuberculosis brain abscess and patients who got discharged against medical advice were excluded from the study. Statistical analysis was performed using Epi Info Version 3.4.3. Appropriate descriptive statistics were used to analyse the findings and to draw the inferences. Statistical tests of significance, like chi-square (with corrections) were used wherever required.

## RESULTS

**Table: 01**

Socio-demographic profile of cases			
socio-demographic variables		frequency	percentage
Age	< 10 years	2	20%
	10 - 20 years	2	20%
	21 - 30 years	5	50%
	> 30 years	1	10%
Gender	Male	6	60%
	Female	4	40%
Religion	Hindu	9	90%
	Muslim	1	10%
Region	Rural	9	90%
	Urban	1	10%
Occupation	Daily wage worker	5	50%
	Business	2	20%
	Student	2	20%
	Child	1	10%
Socio-economic status	BPL card holder	8	80%
	Non BPL card holders	2	20%

About 50% of the cases were in the age group of 21-30 years, the mean age of occurrence of intracranial abscess was  $19.5 \pm 9.1$  years (range being from 6 years to 32 years). A preponderance of males over females (6 : 4) was found amongst the patients . Majority of the cases were from Hindu religion (90%) and most of the cases were hailing from rural areas (90%) with a low socio-economic status (80%). About half of the cases were daily wage workers.

**Table: 02**

Clinical profile of cases			
Findings		frequency	percentage
Clinical features*	Headache	10	10%
	Vomiting	8	80%
	Fever	7	70%
	Seizures	3	30%
	Proptosis	2	20%
	Hydrocephalus	2	20%
	Papilloedema	6	60%
	Neck rigidity	1	10%
	Hemiparesis	1	10%
Glasgow coma scale	E2V2M5(moderate)	1	10%
	E3V2M5(moderate)	1	10%
	E3V3M5(moderate)	1	10%
	E3V4M5(moderate)	2	20%
	E4V5M6(Normal)	5	50%
Pre-existing illness*	CSOM	7	70%
	Sinusitis	3	30%
	Diabetes Milletus	2	20%
	Allergic rhinitis	1	10%
	Mucor mycosis	1	10%
Source of infection	Otogenic	7	70%
	Sinusitic	3	30%
Duration illness	upto 20 days	2	20%
	21 - 40 days	5	50%
	more than 40 days	3	30%
Number of days lost before admission	< 10 days	1	10%
	10-20 days	2	20%
	21-30 days	6	60%
	> 30 days	1	10%

\*Multiple answers

The mean duration of illness at the time of presentation was  $32.7 \pm 13.5$  days (range 15 days to 60 days). The predominant symptoms of the cases were headache (100%), vomiting (80%) followed by fever (70%). However the classical triad of brain abscess headache, fever and focal neurological deficit was seen in only one case. Papillary edema was seen in 6 patients suggesting raised intracranial pressure and seizures was present in 3 patients. Apart from these common symptoms there were some uncommon symptoms like proptosis was observed in 2 patients and ptosis was seen in one patient. Other symptoms included hydrocephalus and neck rigidity (Table 2)

In this study the period between the onset of symptoms and admission varied from 9 to 45 days with mean of  $25 \pm 9.2$  days which reflects the health seeking behaviour of the patients. Half of the patients had a GCS score of 9-12 indicating moderate brain injury and rest of the patients had mild brain injury with GCS score of more than 13. The presence of a predisposing factor precipitating the onset of brain abscess was found in 90% of the patients in the present study. Chronic suppurative otitis media (CSOM) (70 %) was found to be the most important source of intracranial suppuration followed by sinusitis (30%). One of the patient was diabetic (Type II) who had paranasal sinusitis with allergic rhinitis with invasive mucor mycosis and one of the 12 year old student had insulin dependent diabetes mellitus.

**Table: 03**

CT scan findings			
Findings		frequency	percentage
Plane of abscess			
	Epidural	3	30%
	Subdural	1	10%
	Intracerebral	6	60%
Level of abscess			
Supratentorial			
	left hemisphere	6	60%
	right hemisphere	1	10%
	both hemisphere	1	10%
Infratentorial			
		2	20%
Multiplicity of abscess			
	Solitary	9	90%
	Multiple	1	10%
Size of abscess*			
	< 2 cm	2	20%
	2-5 cm	8	80%
	> 5 cm	1	10%

\*multiple answers

Cerebral imaging was done by computerized tomography in all the cases. In 6 patients the plane of abscess location was intracerebral (60%) followed by epidural 3(30%) and subdural 1 (10%). In 8(80%) of the patients the level of abscess location was supratentorial where abscess was present in the left side in 6 (60%) of the patients, on the right side in 1(10%) and bilateral in 1(10%). All of the patients had a solitary abscess except for one patient who had multiple abscesses. The mean size of abscess was  $3.71 \pm 1.08$  centimetres in diameter where the smallest abscess was measuring 1cm and the largest abscess being 5.4 cms in diameter. Midline shift was seen in one patient.

**Table: 04**

Management of Intracranial abscess				
Modality of treatment	aspiration only n(%)	aspiration followed secondary excision n(%)	by primary excision n(%)	conservative treatment n(%)
Plane of abscess				
Intracerebral abscess (n=6)	1 (16.6%)	4 (66.7%)	0 (0%)	1 (16.6%)
Intracranial epidural abscess (n=3)	0 (0%)	1 (33.3%)	2 (66.7%)	0 (0%)
Intracranial subdural abscess (n=1)	0 (0%)	0 (0%)	1(100%)	0 (0%)
Size of abscess				
less than 2 cms (n=1)	0 (0%)	0 (0%)	0 (0%)	1 (100%)
morethan 2 cms (n=9)	1 (11.1%)	5 (55.6%)	3 (33.3%)	0 (0%)

All patients with intracerebral abscess with a diameter of more than 2 cms were managed first by aspiration to reduce the mass effect and later secondary excision was done in case of recurrence. But in cases of intracranial epidural abscess and subdural abscess primary excision was done. However abscess less than 2 cms was managed conservatively using antibiotics.

**Table: 05**

Management of Intracranial abscess			
Mode of therapy	frequency	complication	mortality
Aspiration only	1	nil	nil
Antibiotics only	1	1	nil
Secondary excision	5	1	nil
Primary excision	3	nil	nil

In our study there was no mortality, however there were complications like transient upper motor neuron facial palsy in one patient with supratentorial parietotemporal solitary abscess measuring 4.7cms who required aspiration for 3 times and later underwent secondary excision and in another patient there was loss of vision who had left eye medial orbital space occupying lesion and was treated conservatively.

**Table: 06**

Variables		Outcome		
		uneventful	recurrence/complication	P value
Age	< 20 years (n=4)	2(50%)	2(50%)	P=0.333*
	> 20 years (n=6)	5(83.3%)	1(16.7%)	
Sex	Male (n=6)	3(50%)	3(50%)	P=0.166*
	Female (n=4)	4(100%)	0(0%)	
Treatment	Primary excision (n=3)	3(100%)	0(0%)	P=0.171*
	Secondary excision (n=5)	4(80%)	1(20%)	
	Aspiration only (n=1)	1(100%)	0(0%)	
	Conservative (n=1)	0(0%)	1(100%)	
Level of Consciousness	Moderate(n=5) GCS: 9-12	3(60%)	2(40%)	P=0.5*
	Mild (n=5) GCS: > 13	4(80%)	1(20%)	
Abscess location	Infratentorial (n=2)	2(100%)	0(0%)	P=0.466*
	Supratentorial (n=8)	5(62.5%)	3(37.5%)	
Source of infection	Otogenic (n=7)	5(71.4%)	2(28.6%)	P=0.716*
	Sinusitic (n=3)	2(66.6%)	1(33.3%)	

\*Fisher exact test done

Patients who were treated by excision had a better outcome without any recurrence and complication when compared to patients who underwent aspiration and conservative methods. One of the patients

who were managed conservatively met with a complication of loss of vision who had also a space occupying lesion in the left orbit. However there was no statistically significant difference in the outcome of

patient with respect to variables like age, sex, level of consciousness, surgical procedure done, abscess location and source of infection.

## DISCUSSION

Approximately 1500-2000 new cases of brain abscess are diagnosed annually. In some underdeveloped countries, brain abscess accounts for 8% or more of all intracranial space occupying lesions, a sharp contrast to most developed nations where brain abscess constitutes only around 2% of all intracranial lesions. [16] In the present study we noticed that brain abscess could occur at any age. The mean age of occurrence of intracranial abscess was 19.5 ±9.1 years (range being from 6 years to 32 years). The most affected age group was 21–30 years. However, S Menon et al [17] (2008) found that most affected age group was 11–20 years. McClelland et al [18] (1978) found that this disease occurs most often in the middle decades of life. Sinha et al [9] (2003) reported 74.89% of their patients were below 20 years of age and similarly Mohammad quasim et al [19] (2008) found that the mean age of occurrence was 12.6 + 9.7 which is comparable to our study. Brain abscess is uncommon below the age of 2 years, but however there are occasional reports of brain abscess in infants documented in the literature. [20,21] A preponderance of males over females (6 : 4) was found amongst the patients in the present study. Similar observations have been reported in studies from different parts of world. [9,10,17,18,22] It is clear from all these studies that males are more vulnerable to brain abscess irrespective of the geographical region for reasons that remain unclear. Majority of the cases were from Hindu religion (90%) and most of the cases were hailing from rural areas (90%) with a low socio-economic status (80%). About

half of the cases were daily wage workers indicating that brain abscess is more common among poor lower socio-economic status.

In the present study headache, fever, and vomiting made an important triad of symptoms which were present in 50% of patients. The predominant symptoms of the cases were headache (100%), vomiting (80%) followed by fever (70%). However the classical triad of brain abscess i.e headache, fever and focal neurological deficit was seen in only one case. Fever has been reported as the important presenting symptom in brain abscess patients by many workers; however, the absence of fever does not exclude the diagnosis and moreover no particular constellation of symptoms or signs is pathognomonic for brain abscess. Therefore the classic triad of headache, fever and neurological deficit cannot be used as a sensitive marker for the diagnosis of brain abscess. A similar finding has been reported by Ni et al [23] (2004). Papilloedema is another common sign suggestive of raised intracranial pressure which was present in 6(60%) cases. An alteration in the level of consciousness is usually present in up to two-thirds of the patients. [24,25] In the present study 30% of the patients were brought to the hospital with a Glasgow coma scale score less than 10. The state of consciousness of the patient at the time of admission is usually taken as a reliable prognostic marker.

All patients had a demonstrable infectious source leading to the intracranial suppuration. CSOM was found to be the major source of infection (Table 2). In most large series of brain abscesses from developing countries, middle ear infection has been reported to be the commonest source of intracranial suppuration. This has been reflected in various studies from India [9,14,15,17] and Pakistan. [19] This clearly indicates that in developing countries



particularly people from rural areas, belonging lower socio-economic status have poor health seeking behaviour and thereby often neglect an ear infection and not get treated aggressively, while in developed countries the incidence of complication of CSOM has come down to 0.04% of all cases of suppurative ear disease. [26] In our study we also noticed that otogenic abscesses are usually solitary and located commonly either in the temporal lobe or posterior fossa area. Similar reports have appeared in the literature. [27,28]

The brain lobe affected usually depends on the predisposing factor that led to the development of the brain abscess. In our study, the most common lobe involved was the temporal lobe because CSOM was found to be the major predisposing factor (Table 2). We found that 71.4% of the otogenic abscesses were in the temporal lobe. Similar observations have been reported by others. [9,10,14,17]

Under the cover of appropriate antibiotics all patients with intracerebral abscess (6 cases) with a diameter of more than 2 cms were managed first by aspiration to reduce the mass effect and later secondary excision was done in case of recurrence. But in cases of intracranial epidural abscess and subdural abscess primary excision was done. However abscess less than 2 cms was managed conservatively using antibiotics. A similar approach was adopted by Muhammad Qasim et al, [19] 2010; Basit et al, [29] 1989; Malik et al, [30] 1994; Atiq Mehnaz et al, [31] 2006; where therapy was most often a combination of surgical aspiration with or without excision in addition to antimicrobial therapy.

The management of brain abscess has changed over the past 20-30 years. Cerebral abscess was once considered strictly a surgical disease that demanded urgent surgical intervention. However, given the ability to establish the diagnosis earlier

using CT and/or MRI, along with the development of newer more effective antibiotics, there has been a trend toward non-operative management in selected patients. [11,32,33] The fact is, there are no prospective randomised trials on the treatment of brain abscess and there is no consensus regarding ideal management. Consequently, the optimal management of brain abscess remains a subject of controversy.

The empirical antimicrobial regimens commonly recommended for therapy of brain abscess vary from unit to unit. The basis for selecting the antibiotics is usually the site of the lesion and the suspected causative organism had been presumed based on previous scientific data. We used an empirical antimicrobial regimen consisting of ceftriaxone, amikacin and metronidazole in all cases.

Mortality ranging from 8 to 53% has been reported in other studies. Various factors contribute to mortality, the important factors being the age of the patient, the level of consciousness at the time of admission, multiplicity of abscesses and the nature of the infection. In our study there was no mortality, however there were complications like transient upper motor neuron facial palsy in one patient with supratentorial, parietotemporal solitary abscess measuring 4.7cms who required aspiration for 3 times and later underwent secondary excision and in another patient there was loss of vision who had left eye medial orbital space occupying lesion and was treated conservatively. Sarala Menon et al. [17] (2008) observed 9.5% mortality, and a statistically significant association was shown between the age of the patient and mortality and however Beller et al. [22] (1973) could not find a significant correlation between the age of the patient and mortality in their study. The level of consciousness at presentation has been

shown by other authors to be of great prognostic value. [18,34]

## CONCLUSION

Brain abscess is a serious infection which must be diagnosed early and treated aggressively. In majority of the cases of intracranial abscess are associated with common predisposing factors like CSOM, sinusitis and others. headache, fever, and vomiting made an important triad of symptoms which is commonly present in more than half of the patients. Management of intracranial abscess should be individualized depending upon the various important factors like age of the patient, the level of consciousness at the time of admission, multiplicity of abscesses, the nature of the infection and plane and level of the abscess.

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